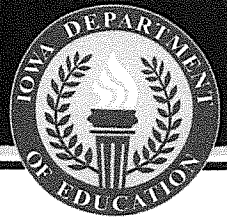


Local Wellness Policy: Triennial Assessment



Section 1: General Information and Wellness Committee

LEA (Local Education Agency) Name	Inwood Christian School
Date Triennial Assessment was Completed	
Date of Last Wellness Policy Review	
Website address for the policy, updates, and assessment results and/or information on how the public can access copies	inwoodchristian.com
How often does the school wellness committee meet? Date of last meeting?	May 17, 2020

Designated School Wellness Leader

LEAs must designate at least one school official responsible for determining the extent to which each school under their jurisdiction is in compliance with the wellness policy.

Name	Job Title	Email
Rebecca Schouten	Lead teacher	rschouten@inwoodchristian.com

School Wellness Committee Members

Name	Job Title/Volunteer	Email
Courtnee Fleshman	FSD	kitchen@inwoodchristian.com
Pculette Deweerdt	chiropractor	pdeweerdt@inwoodchristian.com
Michah Van Beek	student	mvanbeek@inwoodchristian.com
Michael Grevengood	CNP	mike_grevengood@msd.com

Section 2: Compliance with the Wellness Policy



In the school wellness policy by checking the boxes below:

Specific goals for:

- Nutrition promotion and education,
 - Physical activity, and
 - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students before, during and 30 minutes after the school day.
 - Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or incentives).
 - Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
 - Description of public involvement, public updates, policy leadership, and evaluation plan.

Another form of documentation for Section 2 is the School Wellness Policy Checklist.

Section 3: Comparison to Model School Wellness Policies

The Alliance for a Healthier Generation Model Policy is to be used as a best practice guide.

Compare local wellness policy language with the model policy and identify areas where the language is comparable to the model policy and potential areas that can be strengthened.

Areas with Similar Language	Potential Areas to Strengthen Language
* nutrition education - promotion * physical activity * other activities that promote student wellness	* community involvement, outreach & communications * water information * more descriptive times for serving

we appreciate that ICS has the "additional aspects to wellness" but could use some of the wording from the model policy

Optional Resource:

- WellSAT 3.0: Online quantitative tool that determines where revisions are needed to strengthen the language in school wellness policies and provides sample language.

Section 4: Progress Towards Goals

- Use the School Wellness Policy Progress Report to document compliance and progress towards each goal at the school building level. The report can include information for each building or include progress for all buildings (please clearly identify buildings and associated progress).